

Ginger Cookies

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/ginger-cookies-recipe-for-christmas>

Ingredients:

- 2 1/2 cups blanched almond flour
- 1/2 teaspoon sea salt celtic
- 1 teaspoon baking soda
- 2 tablespoons ground ginger
- 1/2 cup grapeseed oil or palm shortening
- 1/4 cup yacon syrup
- 1/2 cup agave nectar or honey
- 1 tablespoon lemon zest

Nutrition:

1. Calories: 630 calories
2. Carbohydrate: 21 grams
3. Fat: 59 grams
4. Fiber: 10 grams
5. Protein: 14 grams
6. SaturatedFat: 5 grams
7. Sodium: 620 milligrams
8. Sugar: 3 grams

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