

# How to Make Ghee

Yield: 24 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/ghee-chinese-recipe>

## Ingredients:

- 1 pound unsalted butter 454 g
- 1 pound butter yields about 1 1/2 cups, 12 ounces of ghee or clarified butter.
- 1 tablespoon ghee

## Nutrition:

1. Calories: 280 calories
2. Cholesterol: 80 milligrams
3. Fat: 31 grams
4. SaturatedFat: 19 grams
5. Sodium: 110 milligrams

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