

German Red Cabbage

Yield: 4 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/norwegian-red-cabbage-recipe>

Ingredients:

- 1 onion medium, sliced
- 1 apple medium, sliced
- 1 head red cabbage shredded
- 1/3 cup sugar
- 1/3 cup white vinegar
- 1/2 teaspoon salt
- 1/4 teaspoon pepper

Nutrition:

1. Calories: 170 calories
2. Carbohydrate: 40 grams
3. Fiber: 6 grams
4. Protein: 2 grams
5. Sodium: 350 milligrams
6. Sugar: 31 grams

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