

# Chinese Chews

Yield: 21 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/walnut-cream-recipe-chinese>

## Ingredients:

- 3/4 cup all purpose flour
- 1 cup sugar
- 1 teaspoon baking powder
- 1/4 teaspoon salt
- 1 cup dates chopped
- 1 cup chopped walnuts
- 3 eggs well-beaten
- confectioners sugar for topping

## Nutrition:

1. Calories: 130 calories
2. Carbohydrate: 22 grams
3. Cholesterol: 30 milligrams
4. Fat: 4.5 grams
5. Fiber: 1 grams
6. Protein: 2 grams
7. SaturatedFat: 0.5 grams
8. Sodium: 65 milligrams
9. Sugar: 17 grams

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