

# Garlic Scape Pesto

Yield: 4 min  
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/garlic-stem-indian-recipe>

## Ingredients:

- 6 garlic scapes
- 1/2 cup fresh basil leaves
- 2 tablespoons fresh parsley
- 1/4 cup cashews
- 1/2 cup olive oil
- 2 tablespoons lemon juice
- salt
- pepper

## Nutrition:

1. Calories: 330 calories
2. Carbohydrate: 7 grams
3. Fat: 33 grams
4. Fiber: 1 grams
5. Protein: 3 grams
6. SaturatedFat: 5 grams
7. Sodium: 200 milligrams
8. Sugar: 1 grams

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