

Garlic Rolls

Yield: 4 min
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/garlic-rolls-recipe-south-africa>

Ingredients:

- 2 1/4 teaspoons yeast
- 1/2 cup warm water
- 1/3 cup sugar
- 4 cups bread flour
- 6 tablespoons melted butter
- 1 cup milk
- 2 teaspoons salt
- 8 tablespoons butter room temperature
- 2 cloves minced garlic finely
- salt
- pepper
- 1/3 cup flat leaf parsley chopped

Nutrition:

1. Calories: 970 calories
2. Carbohydrate: 124 grams
3. Cholesterol: 115 milligrams
4. Fat: 45 grams
5. Fiber: 4 grams
6. Protein: 21 grams
7. SaturatedFat: 26 grams
8. Sodium: 1710 milligrams
9. Sugar: 20 grams

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