

Spinach Garlic Rice

Yield: 5 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/peruvian-garlic-rice-recipe>

Ingredients:

- 1 cup rice
- 1 cup mozzarella cheese
- 1 cup frozen spinach thawed and drained, chopped
- 1/2 cup heavy cream
- 3 cloves garlic minced
- 1/2 yellow onion finely chopped
- 1 tablespoon all purpose flour
- 1/2 teaspoon garlic powder
- extra-virgin olive oil as needed
- kosher salt
- freshly ground pepper

Nutrition:

1. Calories: 280 calories
2. Carbohydrate: 18 grams
3. Cholesterol: 55 milligrams
4. Fat: 20 grams
5. Fiber: 2 grams
6. Protein: 8 grams
7. SaturatedFat: 10 grams
8. Sodium: 330 milligrams
9. Sugar: 1 grams

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