

# Indian Potatoes

Yield: 4 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/stuffed-baby-potatoes-indian-recipe>

## Ingredients:

- 1 1/2 pounds baby potatoes cut in half, or quarters if large Note 1
- 2 tablespoons olive oil
- 1 tablespoon curry powder
- 1 tablespoon whole grain mustard grainy, 1 tbsp turmeric can be substituted
- 2 teaspoons Garam Masala Note 2
- 2 teaspoons minced garlic
- 1/4 teaspoon garlic powder
- 1 teaspoon fresh ginger grated, or pinch of ground ginger
- 1/2 teaspoon kosher salt
- 1/2 teaspoon red chili flakes optional
- 1/2 lime
- 2 tablespoons coriander leaves chopped fresh, Note 3

## Nutrition:

1. Calories: 200 calories
2. Carbohydrate: 31 grams
3. Fat: 7 grams
4. Fiber: 5 grams
5. Protein: 4 grams
6. SaturatedFat: 1 grams
7. Sodium: 350 milligrams
8. Sugar: 2 grams

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