

Chinese Garlic Sauce

Yield: 2 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/white-broccoli-chinese-recipe>

Ingredients:

- 2 tablespoons vegetable oil
- 2 tablespoons minced garlic
- 1 tablespoon minced ginger
- 1 teaspoon green chilis finely chopped
- 2/3 cup low sodium soy sauce
- 1/2 cup chicken broth
- 1/3 cup rice wine vinegar
- 1/4 cup light brown sugar
- 1 tablespoon sesame oil
- 1 tablespoon red pepper flakes
- 1/4 cup water
- 2 tablespoons cornstarch

Nutrition:

1. Calories: 400 calories
2. Carbohydrate: 47 grams
3. Fat: 22 grams
4. Fiber: 2 grams
5. Protein: 6 grams
6. SaturatedFat: 2 grams
7. Sodium: 2880 milligrams
8. Sugar: 29 grams

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