

Lasagna Alla Bolognese | Authentic Italian Lasagna

Yield: 4 min
Total Time: 105 min

Recipe from: <https://www.recipeschoose.com/recipes/vivo-italian-kitchen-lasagna-recipe>

Ingredients:

- 6 1/4 cups all-purpose flour plus a little extra for dusting
- 5 eggs
- 10 1/2 ounces spinach
- 4 1/4 cups whole milk
- 7 tablespoons unsalted butter
- parmigiano reggiano cheese for grating.
- nutmeg
- salt
- fresh black pepper

Nutrition:

1. Calories: 1180 calories
2. Carbohydrate: 166 grams
3. Cholesterol: 345 milligrams
4. Fat: 38 grams
5. Fiber: 8 grams
6. Protein: 39 grams
7. SaturatedFat: 21 grams
8. Sodium: 520 milligrams
9. Sugar: 14 grams

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