

Gajar ka Halwa

Yield: 12 min
Total Time: 130 min

Recipe from: <https://www.recipeschoose.com/recipes/gajar-ka-halwa-veg-recipe-of-india>

Ingredients:

- 2 pounds carrots peeled and grated
- 1/2 gallon milk
- 2 teaspoons cardamom powder
- 1 cup cashews chopped, and raisins
- 4 tablespoons cheese Ricota

Nutrition:

1. Calories: 260 calories
2. Carbohydrate: 24 grams
3. Cholesterol: 20 milligrams
4. Fat: 13 grams
5. Fiber: 3 grams
6. Protein: 13 grams
7. SaturatedFat: 4 grams
8. Sodium: 190 milligrams
9. Sugar: 15 grams

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