

Indian-style Spiced Carrot Bars (Gajar Ka Halwa)

Yield: 7 min

Total Time: 105 min

Recipe from: <https://www.recipeschoose.com/recipes/gajar-ka-halwa-veg-indian-recipe>

Ingredients:

- 1 tablespoon vegetable oil divided
- 1/4 cup almonds optional
- 4 pounds carrots peeled then grated through the largest holes of a box grater
- 8 cups whole milk
- 4 green cardamom pods
- 6 tablespoons sugar
- sliced almonds optional
- clotted cream optional
- raisins optional