

Keto Pizza Skillet

Yield: 4 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/whole-sweet-italian-turkey-sausage-recipe>

Ingredients:

- 19 1/2 ounces sweet Italian turkey sausage
- 10 ounces broccoli frozen or fresh riced cauliflower and, you can also use all cauliflower rice
- 1 cup pizza sauce
- 1 ounce sliced pepperoni about 17 slices
- 1/2 cup shredded mozzarella cheese whole milk
- Parmesan for sprinkling on top

Nutrition:

1. Calories: 330 calories
2. Carbohydrate: 12 grams
3. Cholesterol: 95 milligrams
4. Fat: 20 grams
5. Fiber: 4 grams
6. Protein: 29 grams
7. SaturatedFat: 3.5 grams
8. Sodium: 1570 milligrams
9. Sugar: 6 grams

Thank you for visiting our website. Hope you enjoy Keto Pizza Skillet above. You can see more 18 whole sweet italian turkey sausage recipe Elevate your taste buds! to get more great cooking ideas.