

Fruit Cake

Yield: 4 min
Total Time: 90 min

Recipe from: <https://www.recipeschoose.com/recipes/fruit-cake-recipe-with-brandy-south-africa>

Ingredients:

- 2 sticks butter
- 1 cup brown sugar
- 4 large eggs
- 1 cup orange juice
- 1/2 cup treacle or honey
- 2 1/3 cups all purpose flour
- 2 tablespoons milk powder
- 1 teaspoon ground nutmeg
- 1 teaspoon mixed spices
- 1 teaspoon cinnamon powder
- 1 teaspoon baking soda
- 7 cups fruits chopped mixed, assortment of raisins, sultanas, currants, dried cranberries, dried apricots, mixed peel, glazed cherries...
- 1 cup nuts almonds, hazelnuts, pecans or pistachio
- 1 1/2 cups brandy or rum

Nutrition:

1. Calories: 1630 calories
2. Carbohydrate: 177 grams
3. Cholesterol: 335 milligrams
4. Fat: 71 grams
5. Fiber: 11 grams
6. Protein: 24 grams
7. SaturatedFat: 33 grams
8. Sodium: 800 milligrams
9. Sugar: 101 grams

Thank you for visiting our website. Hope you enjoy Fruit Cake above. You can see more 18 fruit cake recipe with brandy south africa Cook up something special! to get more great cooking ideas.