

Super Soft Lemon-Raspberry Muffins

Yield: 16 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/frozen-raspberry-greek-yogurt-recipe>

Ingredients:

- 2 1/4 cups all-purpose flour
- 2 teaspoons baking powder
- 1/2 teaspoon baking soda
- 1/2 teaspoon salt
- 1 cup granulated sugar
- 1/2 cup vegetable oil canola oil or coconut oil also work
- 1 cup greek yogurt or light sour cream
- 2 large eggs
- 1 teaspoon vanilla extract
- 1 tablespoon lemon juice + zest of 1 lemon
- 1 1/2 cups frozen raspberries or fresh

Nutrition:

1. Calories: 200 calories
2. Carbohydrate: 29 grams
3. Cholesterol: 30 milligrams
4. Fat: 8 grams
5. Fiber: 2 grams
6. Protein: 3 grams
7. SaturatedFat: 1 grams
8. Sodium: 200 milligrams
9. Sugar: 14 grams

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