

Easy Frozen Greek Yogurt Bites

Yield: 14 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/frozen-nonfat-greek-yogurt-recipe>

Ingredients:

- 2 cups non fat greek yogurt vanilla
- 1 cup gluten free Strawberry Cheerios
- 1 cup gluten free Cheerios, non-flavored
- 1 cup frozen blueberries or fresh

Nutrition:

1. Calories: 120 calories
2. Carbohydrate: 8 grams
3. Protein: 20 grams
4. Sodium: 35 milligrams
5. Sugar: 4 grams

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