

Frozen Greek Yogurt Drops

Yield: 4 min
Total Time: 125 min

Recipe from: <https://www.recipeschoose.com/recipes/homemade-frozen-greek-yogurt-recipe>

Ingredients:

- greek yogurt or favorite yogurt, recommending Trader Joe's Greek Strawberry vanilla yogurt

Nutrition:

1. Calories: 35 calories
2. Carbohydrate: 3 grams
3. Cholesterol: 5 milligrams
4. Fat: 1.5 grams
5. Protein: 2 grams
6. SaturatedFat: 1 grams
7. Sodium: 25 milligrams
8. Sugar: 3 grams

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