

Broccoli & Shredded Brussel Sprout Salad

Yield: 5 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/fried-brussel-sprout-salad-recipe-east-side-king>

Ingredients:

- 5 cups broccoli chopped, crowns
- 2 cups brussels sprouts shredded
- 3 clementines segmented
- 1 lemon
- 2 limes
- 3 tablespoons tahini
- 2 tablespoons tamari
- 1/2 teaspoon turmeric
- 3 tablespoons extra-virgin olive oil

Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 26 grams
3. Fat: 12 grams
4. Fiber: 8 grams
5. Protein: 7 grams
6. SaturatedFat: 2 grams
7. Sodium: 450 milligrams
8. Sugar: 8 grams

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