

# Cheater Restaurant Style Refried Beans

Yield: 4 min  
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/new-mexico-refried-beans-recipe>

## Ingredients:

- 1 can refried beans I like the Taco Bell brand
- 1/3 cup sour cream
- 1 tablespoon hot sauce Valentina
- 3/4 cup grated Monterey Jack cheese or a cheddar/jack blend

## Nutrition:

1. Calories: 140 calories
2. Carbohydrate: 17 grams
3. Cholesterol: 10 milligrams
4. Fat: 5 grams
5. Fiber: 6 grams
6. Protein: 6 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 610 milligrams
9. Sugar: 1 grams

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