

Chinese Chicken Salad

Yield: 6 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/zeniya-chinese-chicken-salad-recipe>

Ingredients:

- 1 tablespoon shallot minced
- 1/4 cup rice vinegar
- 1 tablespoon soy sauce
- 1 tablespoon honey
- 1/2 cup canola oil or peanut oil
- canola oil or peanut oil, for frying
- 10 wonton wrappers cut into 1/8-inch strips
- kosher salt to taste
- 3 tablespoons rice vinegar
- 2 tablespoons soy sauce
- 1 tablespoon Sriracha sauce
- 2 green onions white portion only, halved
- 1 garlic clove smashed
- 1/2 inch fresh ginger piece of, smashed
- 1/4 cup canola oil plus 2 Tbs. or peanut oil
- 2 chicken breast halves each about 6 oz., thinly sliced
- 1 head napa cabbage about 12 oz., thinly sliced
- 2 carrots peeled and julienned
- 2 green onions green portion only, thinly sliced on the diagonal
- 1 red bell pepper seeded and julienned
- 1 cup bean sprouts
- kosher salt
- freshly ground pepper to taste
- 1/4 cup cilantro leaves fresh

Nutrition:

1. Calories: 460 calories
2. Carbohydrate: 22 grams
3. Cholesterol: 45 milligrams

4. Fat: 33 grams
5. Fiber: 4 grams
6. Protein: 18 grams
7. SaturatedFat: 3 grams
8. Sodium: 940 milligrams
9. Sugar: 7 grams

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