

Mexican Nutella and Banana Empanadas

Yield: 24 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-bananas-recipe>

Ingredients:

- 2 1/2 cups plain flour all purpose
- 1 teaspoon salt
- 1 tablespoon sugar
- 1 cup unsalted butter cold and cubed
- 1/2 cup ice water
- 2/3 cup Nutella or any chocolate hazelnut spread
- 1 teaspoon ground cinnamon
- 1/4 teaspoon chili powder
- 1 banana large ripe, thinly sliced
- 2 1/8 tablespoons unsalted butter melted
- 3 tablespoons sugar
- 1 teaspoon ground cinnamon

Nutrition:

1. Calories: 180 calories
2. Carbohydrate: 18 grams
3. Cholesterol: 25 milligrams
4. Fat: 11 grams
5. Fiber: 1 grams
6. Protein: 2 grams
7. SaturatedFat: 8 grams
8. Sodium: 105 milligrams
9. Sugar: 7 grams

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