

Southern Lemonade Tea

Yield: 8 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/fresh-southern-lemonade-recipe>

Ingredients:

- 2 quarts cold water
- 2 tea bags family-size
- 2 lemons sliced into rings
- 1 cup granulated sugar
- 12 maraschino cherries or more as desired, optional
- mint sprigs for garnish, optional

Nutrition:

1. Calories: 120 calories
2. Carbohydrate: 31 grams
3. Fiber: 2 grams
4. Sodium: 15 milligrams
5. Sugar: 28 grams

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