

# Creamy Guacamole Salsa (like Mama Ninfa's)

Yield: 3 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/salsa-recipe-like-the-mexican-restaurants>

## Ingredients:

- 1/2 pound green tomatoes roughly chopped
- 1/2 pound tomatillos husk removed and roughly chopped
- 4 cloves garlic
- 2 jalapenos seeds removed for a milder flavor
- 2 avocados medium
- 1/4 cup cilantro leaves and stems
- 1/2 cup sour cream or greek yogurt
- 4 tablespoons lime juice to taste

## Nutrition:

1. Calories: 340 calories
2. Carbohydrate: 25 grams
3. Cholesterol: 20 milligrams
4. Fat: 29 grams
5. Fiber: 12 grams
6. Protein: 5 grams
7. SaturatedFat: 7 grams
8. Sodium: 50 milligrams
9. Sugar: 10 grams

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