

Indian-Style Pizza

Yield: 4 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/sweet-mango-chutney-recipe-south-indian-style>

Ingredients:

- 7 ounces rye flour
- 7 ounces pastry flour plus more for dusting
- salt
- 1/2 cube fresh yeast
- 1 chicken breast large, half, about 200 grams
- 1 teaspoon olive oil
- pepper
- 4 ounces spinach
- 1 onion
- 7 ounces cream cheese 13% fat
- 4 tablespoons mango chutney about 100 grams
- 1 teaspoon curry powder preferably Madras
- 1 mango about 350 grams

Nutrition:

1. Calories: 710 calories
2. Carbohydrate: 105 grams
3. Cholesterol: 90 milligrams
4. Fat: 21 grams
5. Fiber: 11 grams
6. Protein: 27 grams
7. SaturatedFat: 10 grams
8. Sodium: 450 milligrams
9. Sugar: 21 grams

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