

# Southern Fig Preserves

Yield: 36 min  
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-recipe-for-fig-preserves>

## Ingredients:

- 6 pounds figs fresh, peeled or unpeeled
- 6 pounds sugar
- 3 lemons very thinly sliced, seeds removed

## Nutrition:

1. Calories: 350 calories
2. Carbohydrate: 91 grams
3. Fiber: 3 grams
4. Protein: 1 grams
5. Sugar: 88 grams

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