

Chocolate Mousse, French Style

Yield: 6 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/swiss-miss-hot-chocolate-mousse-recipe>

Ingredients:

- 11 2/3 ounces chocolate bittersweet, 60-68%, finely chopped
- 2/3 cup whipping cream
- 3 large egg yolks
- 6 large egg whites
- 1/4 cup sugar

Nutrition:

1. Calories: 330 calories
2. Carbohydrate: 54 grams
3. Cholesterol: 125 milligrams
4. Fat: 11 grams
5. Fiber: 1 grams
6. Protein: 6 grams
7. SaturatedFat: 6 grams
8. Sodium: 80 milligrams
9. Sugar: 44 grams

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