

Flying Jacob

Yield: 4 min
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/flying-jacob-swedish-recipe>

Ingredients:

- 2 1/2 pounds boneless, skinless chicken breasts about 4 breasts
- 4 bananas peeled, split lengthwise and cut into thirds.
- 1 cup pineapple chunks canned, drained
- 1 cup salted peanuts
- 1 cup Heinz Chili Sauce
- 2 cups whipping cream
- 4 ounces bacon cut into small piece
- salad fixings
- rice

Nutrition:

1. Calories: 1100 calories
2. Carbohydrate: 61 grams
3. Cholesterol: 285 milligrams
4. Fat: 63 grams
5. Fiber: 12 grams
6. Protein: 79 grams
7. SaturatedFat: 24 grams
8. Sodium: 1620 milligrams
9. Sugar: 29 grams

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