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Japanese Omelette

Yield: 1 min Total Time: 8 min

Recipe from: https://www.recipeschoose.com/recipes/japanese-ommelette-recipe

Ingredients:

- 2 eggs
- 2 tablespoons dashi room temperature
- 1 teaspoon soy sauce
- 1/4 scallions very full cup of, cut into thin strips, or a handful
- 1 tablespoon vegetable oil
- daikon grated, *Optional
- katsuobushi bonito flakes
- soy sauce to drizzle

Nutrition:

Calories: 340 calories
Carbohydrate: 17 grams
Cholesterol: 425 milligrams

4. Fat: 24 grams5. Fiber: 7 grams6. Protein: 18 grams7. SaturatedFat: 4 grams8. Sodium: 1570 milligrams

9. Sugar: 12 grams

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