

Noodles with Mushrooms and Lemon Ginger Dressing

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/flat-noodles-vegetarian-chinese-recipe>

Ingredients:

- 1 teaspoon cayenne or Asian chili powder
- 1 lemon
- 1 tablespoon lemon juice freshly squeezed
- 1 inch ginger section of, peeled and grated
- 1/4 cup rice vinegar
- 1/3 cup soy sauce
- 1 tablespoon honey
- 1 tablespoon toasted sesame oil
- 3 tablespoons olive oil
- 9 ounces noodles dried, spaghetti, linguine, udon, soba
- 7 ounces fresh mushrooms enoki, shimeji, sliced button, sliced shitake
- 1 1/2 tablespoons butter
- 1 tablespoon fresh herbs minced, parsley, green onion, cilantro or basil
- 1 tablespoon sesame seeds

Nutrition:

1. Calories: 470 calories
2. Carbohydrate: 57 grams
3. Cholesterol: 65 milligrams
4. Fat: 22 grams
5. Fiber: 4 grams
6. Protein: 12 grams
7. SaturatedFat: 5 grams
8. Sodium: 1250 milligrams
9. Sugar: 7 grams

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