

# Fully Loaded Tuna Salad

Yield: 4 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/fish-salad-recipe-indian-style>

## Ingredients:

- 3 cans fish drained light tuna
- 1/3 cup light mayonnaise or to taste
- 1 tablespoon Dijon mustard
- 3 tablespoons diced celery finely
- 3 tablespoons green bell pepper finely diced
- 3 tablespoons diced red onion finely
- 3 tablespoons green onion finely diced, green part only
- 1 tablespoon capers drained
- 1 tablespoon pickle relish optional
- 1 serrano pepper partially seeded
- black pepper to taste
- salt
- capers
- tuna
- paprika optional garnish

## Nutrition:

1. Calories: 100 calories
2. Carbohydrate: 8 grams
3. Cholesterol: 5 milligrams
4. Fat: 8 grams
5. Fiber: 3 grams
6. Protein: 2 grams
7. SaturatedFat: 1 grams
8. Sodium: 580 milligrams
9. Sugar: 3 grams

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