

Thai Fish Curry - Yellow Thai Curry

Yield: 3 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/malaysian-whole-fish-recipe>

Ingredients:

- 1 pound fish your choice
- 1 7/8 tablespoons yellow curry paste Thai, I used this one
- 7 ounces zucchini grated
- 1 3/8 cups bok choy
- 1 cup coconut milk
- 1 tablespoon coconut oil
- coriander to garnish, optional

Nutrition:

1. Calories: 470 calories
2. Carbohydrate: 12 grams
3. Cholesterol: 90 milligrams
4. Fat: 34 grams
5. Fiber: 3 grams
6. Protein: 32 grams
7. SaturatedFat: 23 grams
8. Sodium: 280 milligrams
9. Sugar: 8 grams

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