

# Finnish Nissua

Yield: 20 min  
Total Time: 200 min

Recipe from: <https://www.recipeschoose.com/recipes/finnish-nissua-recipes>

## Ingredients:

- 2 cups milk
- 1/2 cup margarine
- 1 cup white sugar
- 1 teaspoon salt
- 1/2 ounce active dry yeast
- 1/2 cup warm water 110 degrees F/45 degrees C
- 3 eggs
- 1 teaspoon ground cardamom
- 7 1/2 cups bread flour
- 2 tablespoons butter softened
- 1 cup confectioners sugar
- 1/2 teaspoon vanilla extract
- 2 teaspoons milk

## Nutrition:

1. Calories: 330 calories
2. Carbohydrate: 56 grams
3. Cholesterol: 35 milligrams
4. Fat: 8 grams
5. Fiber: 1 grams
6. Protein: 9 grams
7. SaturatedFat: 2 grams
8. Sodium: 190 milligrams
9. Sugar: 18 grams
10. TransFat: 1 grams

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