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Cranberry Hazelnut Wild Rice Porridge

Yield: 6 min Total Time: 20 min

Recipe from: https://www.recipeschoose.com/recipes/finnish-christmas-porridge-recipe

Ingredients:

- 3 1/2 cups unsweetened vanilla almond milk or any nondairy milk
- 1/4 cup maple syrup
- 1/2 teaspoon almond extract
- 1/2 teaspoon vanilla extract
- 1/2 tablespoon canela
- 1/4 teaspoon nutmeg
- 2 1/2 tablespoons corn starch
- 4 cups wild rice cooked
- 1/2 cup dried cranberries plus more for topping
- 1/3 cup toasted hazelnuts chopped and, plus more for topping

Nutrition:

- 1. Calories: 770 calories
- 2. Carbohydrate: 104 grams
- 3. Fat: 35 grams
- 4. Fiber: 10 grams
- 5. Protein: 19 grams
- 6. SaturatedFat: 29 grams
- 7. Sodium: 30 milligrams
- 8. Sugar: 18 grams

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