## RecipesCh@~se

## **Mexican Steak Salad**

Yield: 4 min Total Time: 65 min

Recipe from: <a href="https://www.recipeschoose.com/recipes/finely-chopped-green-salad-recipe-mexican">https://www.recipeschoose.com/recipes/finely-chopped-green-salad-recipe-mexican</a>

## **Ingredients:**

- 1 pound flank steak trimmed of any excess fat
- 3/4 cup extra-virgin olive oil divided
- 1 tablespoon crushed red pepper
- 1 tablespoon ground cumin
- 1 tablespoon chili powder
- 1 jalapeno pepper minced
- 1 cup red onion minced
- 3 cloves garlic minced
- 3 scallions finely chopped
- 1/2 cup cilantro roughly chopped
- 1 lime
- 4 cups greens field
- 3 Roma tomatoes roughly chopped
- 1 avocado diced
- 1 tablespoon cayenne freshly minced
- 1/2 cup pepitas toasted
- 1 teaspoon coarse salt
- 1 teaspoon freshly ground pepper

## **Nutrition:**

Calories: 770 calories
Carbohydrate: 22 grams
Cholesterol: 40 milligrams

4. Fat: 65 grams5. Fiber: 9 grams6. Protein: 33 grams7. SaturatedFat: 12 grams

8. Sodium: 760 milligrams

9. Sugar: 5 grams

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