

# Southern Cabbage

Yield: 4 min  
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/the-southern-lady-cooks-cabbage-recipe>

## Ingredients:

- 5 slices bacon
- 1 cup onion diced
- 1 head cabbage cored and coarsely chooped
- 2 cups College Inn Chicken Broth
- 1/4 teaspoon crushed red pepper flakes optional
- black pepper

## Nutrition:

1. Calories: 240 calories
2. Carbohydrate: 17 grams
3. Cholesterol: 25 milligrams
4. Fat: 16 grams
5. Fiber: 6 grams
6. Protein: 7 grams
7. SaturatedFat: 5 grams
8. Sodium: 340 milligrams
9. Sugar: 2 grams

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