

# Easy Chicken and Spinach Fettuccine Alfredo new

Yield: 4 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/fettuccine-alfredo-with-italian-sausage-recipe>

## Ingredients:

- 1 pound chicken breast
- 5 ounces frozen spinach thawed and drained
- 3 tablespoons butter
- 1 cup grated Parmesan fresh, and more for serving
- 2 cups heavy cream
- 2 teaspoons garlic powder
- 1 pound fettuccine pasta
- salt
- pepper
- bacon
- cheese
- italian sausage
- risotto Creamy Mushroom

## Nutrition:

1. Calories: 1400 calories
2. Carbohydrate: 95 grams
3. Cholesterol: 350 milligrams
4. Fat: 89 grams
5. Fiber: 5 grams
6. Protein: 60 grams
7. SaturatedFat: 49 grams
8. Sodium: 1150 milligrams
9. Sugar: 4 grams

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