

Pineapple and Mandarin Orange Jello Salad

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-italian-jello-salad>

Ingredients:

- 6 ounces jello orange flavored, unprepared
- 16 ounces cottage cheese
- 20 ounces crushed pineapple drained very well
- 2 mandarin oranges 8.25 ounce or 1-, 15 ounce cans of, drained very well
- 8 ounces cool whip thawed

Nutrition:

1. Calories: 500 calories
2. Carbohydrate: 81 grams
3. Cholesterol: 20 milligrams
4. Fat: 12 grams
5. Fiber: 2 grams
6. Protein: 20 grams
7. SaturatedFat: 9 grams
8. Sodium: 650 milligrams
9. Sugar: 74 grams

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