

FAVORITE ITALIAN WEDDING SOUP

Yield: 8 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-pasta-recipe-with-ground-beef>

Ingredients:

- 1 small onion grated
- 1/3 cup Italian parsley chopped fresh
- 1 large egg
- 1 teaspoon minced garlic
- 1 teaspoon salt
- 1 slice white bread crusts trimmed, grated or shredded
- 1/2 cup grated Parmesan optional
- 8 ounces ground beef
- 8 ounces ground pork
- 12 cups chicken broth
- 1 box frozen chopped spinach
- 8 ounces pasta Acini de Pepe or other tiny
- 2 tablespoons Parmesan optional

Nutrition:

1. Calories: 350 calories
2. Carbohydrate: 27 grams
3. Cholesterol: 75 milligrams
4. Fat: 17 grams
5. Fiber: 1 grams
6. Protein: 25 grams
7. SaturatedFat: 6 grams
8. Sodium: 590 milligrams
9. Sugar: 1 grams

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