

Beef Pho Bone Stock

Yield: 8 min
Total Time: 510 min

Recipe from: <https://www.recipeschoose.com/recipes/fast-vietnamese-pho-recipe>

Ingredients:

- 5 pounds beef bones
- 2 yellow onions medium, halved
- 3 inches ginger root piece
- 6 whole cloves
- 3 star anise
- 3 tablespoons fish sauce
- 2 tablespoons apple cider vinegar Nature's Intent Organic
- 2 tablespoons brown sugar
- 1 stick cinnamon
- 1 teaspoon fennel seeds
- 1 teaspoon coriander seeds
- 1 teaspoon black peppercorns
- rice noodles optional
- beef optional
- bean sprouts optional
- lime wedges optional
- hoisin sauce optional
- cilantro optional
- jalapeño optional

Nutrition:

1. Calories: 60 calories
2. Carbohydrate: 13 grams
3. Fat: 0.5 grams
4. Fiber: 3 grams
5. Protein: 1 grams
6. Sodium: 570 milligrams
7. Sugar: 5 grams

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