

Instant Pot Fasolakia (Green Beans and Potatoes)

Yield: 8 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/fasolia-greek-recipe>

Ingredients:

- 15 ounces diced tomatoes
- 1 cup water
- 1/2 cup extra virgin olive oil
- 1 large zucchini quartered
- 1/2 bunch parsley chopped
- 1 bunch dill chopped
- 1 teaspoon dried oregano
- 1 pound green beans fresh or frozen If fresh, stems removed
- 1 1/2 onion sliced thin
- 2 potatoes quartered
- salt
- pepper

Nutrition:

1. Calories: 200 calories
2. Carbohydrate: 18 grams
3. Fat: 14 grams
4. Fiber: 4 grams
5. Protein: 3 grams
6. SaturatedFat: 2 grams
7. Sodium: 115 milligrams
8. Sugar: 5 grams

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