

# Fasolakia | Greek Green Bean Dish

Yield: 4 min  
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/fasolakia-greek-recipe>

## Ingredients:

- 1 pound green beans ends cut and cut into thirds, or bite size pieces
- 2 russet potatoes skin removed and cut into small chunks
- 14 1/2 ounces diced tomatoes can of petite/
- 14 1/2 ounces water can of
- 1 onion diced
- 1/2 teaspoon dried oregano
- 1 teaspoon fresh dill
- 1 tablespoon fresh parsley
- 2 garlic cloves pressed
- 2 tablespoons tomato paste
- 1/2 cup feta cheese crumbles more the better
- 1/4 cup olive oil
- salt
- pepper

## Nutrition:

1. Calories: 330 calories
2. Carbohydrate: 38 grams
3. Cholesterol: 15 milligrams
4. Fat: 18 grams
5. Fiber: 7 grams
6. Protein: 9 grams
7. SaturatedFat: 4.5 grams
8. Sodium: 490 milligrams
9. Sugar: 10 grams

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