

Falafel Curry

Yield: 2 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/falafel-burger-recipe-india>

Ingredients:

- 10 falafel Homemade
- 1 cup tomato purée see notes
- 1 1/2 cups coconut milk
- 1 teaspoon oil plant-based
- 1/4 teaspoon salt
- 1/4 teaspoon ginger powder
- 1/8 teaspoon onion powder
- 1/4 teaspoon curry powder
- 1 inch ginger root piece

Nutrition:

1. Calories: 770 calories
2. Carbohydrate: 50 grams
3. Fat: 61 grams
4. Fiber: 6 grams
5. Protein: 17 grams
6. SaturatedFat: 40 grams
7. Sodium: 1070 milligrams
8. Sugar: 12 grams

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