

Thanksgiving Parade #4 - Apple Stuffed Acorn Squash

Yield: 2 min
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/epicurious-stuffed-acorn-squash-thanksgiving-recipe>

Ingredients:

- 1 acorn squash
- 1 red delicious apple diced
- 2 tablespoons dried cranberries
- 2 tablespoons walnuts crushed
- 2 tablespoons brown sugar
- 1 tablespoon margarine softened

Nutrition:

1. Calories: 280 calories
2. Carbohydrate: 46 grams
3. Fat: 11 grams
4. Fiber: 7 grams
5. Protein: 3 grams
6. SaturatedFat: 1.5 grams
7. Sodium: 55 milligrams
8. Sugar: 20 grams
9. TransFat: 1 grams

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