

Ensalada Rusa

Yield: 4 min
Total Time: 100 min

Recipe from: <https://www.recipeschoose.com/recipes/ensalada-rusa-peruvian-recipe>

Ingredients:

- 3 beets trimmed
- 4 potatoes peeled and cubed
- 1 teaspoon salt
- 4 eggs
- 1/2 cup mayonnaise or to taste

Nutrition:

1. Calories: 360 calories
2. Carbohydrate: 48 grams
3. Cholesterol: 220 milligrams
4. Fat: 15 grams
5. Fiber: 6 grams
6. Protein: 12 grams
7. SaturatedFat: 3 grams
8. Sodium: 930 milligrams
9. Sugar: 9 grams

Thank you for visiting our website. Hope you enjoy Ensalada Rusa above. You can see more 19 ensalada rusa peruvian recipe Get ready to indulge! to get more great cooking ideas.