

# Sliced Beef with Enoki Mushrooms - Japanese Style

Yield: 4 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/enoki-mushrooms-japanese-recipe>

## Ingredients:

- 1 pound beef thinly sliced, package Korean sliced beef, hot pot beef, etc.
- 2 packages enoki mushrooms
- 1/2 cup soy sauce
- 1/2 cup sake or other rice cooking wine
- 1/3 cup brown sugar
- 2 tablespoons minced ginger
- 5 garlic cloves crushed
- 1 tablespoon dried chilies
- water
- salt

## Nutrition:

1. Calories: 380 calories
2. Carbohydrate: 23 grams
3. Cholesterol: 75 milligrams
4. Fat: 17 grams
5. Fiber: 2 grams
6. Protein: 26 grams
7. SaturatedFat: 7 grams
8. Sodium: 2070 milligrams
9. Sugar: 12 grams
10. TransFat: 1 grams

---

Thank you for visiting our website. Hope you enjoy Sliced Beef with Enoki Mushrooms - Japanese Style above. You can see more 17 enoki mushrooms japanese recipe They're simply irresistible! to get more great cooking ideas.