

Endive Salad with Walnuts, Pears, and Gorgonzola

Yield: 2 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/endive-indian-recipe>

Ingredients:

- 3 endive heads, sliced first lengthwise, then crosswise in 1/2-inch slices
- 2 tablespoons chopped walnuts
- 2 tablespoons crumbled gorgonzola cheese
- 1 Bartlett Pear cored and chopped
- 2 tablespoons olive oil
- 2 teaspoons cider vinegar balsamic is good too
- kosher salt
- ground black pepper

Nutrition:

1. Calories: 240 calories
2. Carbohydrate: 19 grams
3. Fat: 15 grams
4. Fiber: 19 grams
5. Protein: 7 grams
6. SaturatedFat: 2 grams
7. Sodium: 450 milligrams

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