

# Sausage Meatballs with Red Gravy

Yield: 4 min  
Total Time: 105 min

Recipe from: <https://www.recipeschoose.com/recipes/emerils-italian-essence-recipe>

## Ingredients:

- 3 tablespoons vegetable oil
- 5 cups yellow onions chopped
- 2 teaspoons Italian essence Emeril's
- 1 teaspoon salt
- 1/2 teaspoon crushed red pepper
- 20 cloves garlic minced, about 1/3 cup
- 2 tablespoons anise seeds whole
- 12 ounces tomato paste
- 60 ounces tomato sauce
- 28 ounces tomatoes whole, pureed with their juice
- 2 1/2 cups water
- 2 teaspoons emeril's original essence
- 1 1/2 pounds ground chuck
- 1 1/2 pounds sweet Italian sausage removed from casings
- 1 pound hot sausage fresh, removed from casings
- 10 cloves garlic minced
- 2 eggs lightly beaten
- 4 teaspoons emeril's original essence
- 1/2 teaspoon salt
- 1/2 teaspoon freshly ground black pepper
- 1 pound spaghetti cooked according to package directions
- 1 cup grated Parmesan cheese