

Crusty Italian Bread

Yield: 20 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/wegmans-italian-bread-recipe>

Ingredients:

- 1 1/3 cups warm water
- 2 1/4 teaspoons yeast
- 1 tablespoon brown sugar
- 1 1/2 teaspoons salt
- 1 1/2 teaspoons olive oil
- 4 cups flour
- 1 egg
- 1 tablespoon water

Nutrition:

1. Calories: 100 calories
2. Carbohydrate: 20 grams
3. Cholesterol: 10 milligrams
4. Fat: 1 grams
5. Fiber: 1 grams
6. Protein: 3 grams
7. Sodium: 180 milligrams

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