

Elote Grilled Mexican Corn Salad

Yield: 6 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/elote-grilled-mexican-corn-salad-recipe>

Ingredients:

- 6 ears of corn husked
- 1/3 cup crema *see note for substitution
- 4 tablespoons lime juice fresh is best
- 1/2 teaspoon ground cumin
- 3/4 teaspoon smoked paprika
- 1/2 teaspoon chili powder
- 1/4 teaspoon black pepper
- 1/4 teaspoon salt plus more to taste
- 1/2 cup cotija cheese Crumbled
- 1/2 red onion Minced
- 1/2 bunch cilantro chopped

Nutrition:

1. Calories: 110 calories
2. Carbohydrate: 3 grams
3. Cholesterol: 25 milligrams
4. Fat: 8 grams
5. Protein: 7 grams
6. SaturatedFat: 5 grams
7. Sodium: 340 milligrams
8. Sugar: 1 grams

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