

A Most Elegant Rice Pudding

Yield: 8 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/elegant-holiday-desserts-recipe>

Ingredients:

- 1 cup sugar
- 6 tablespoons water
- 5 cups whole milk
- 1 vanilla bean or 2 teaspoons pure vanilla extract
- 1/2 cup long-grain white rice
- 2 large eggs
- heavy cream for serving

Nutrition:

1. Calories: 260 calories
2. Carbohydrate: 42 grams
3. Cholesterol: 75 milligrams
4. Fat: 7 grams
5. Protein: 7 grams
6. SaturatedFat: 4.5 grams
7. Sodium: 85 milligrams
8. Sugar: 33 grams

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